WEEKI	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita pizza with baked potato wedges	Chicken tikka masala served with rice	Roast chicken with potato of the day & gravy	Beef burger with baked potato wedges	Crispy battered fish & chunky chips
Vegetarian Mains	Vegetarian chilli with 50/50 rice	Meat free sausage ragu with wholemeal pasta	Quorn™ fillet with roast potatoes & gravy	Vegetable chow mein	Cheese pinwheels with diced potatoes
Sides 5	Peas & sweetcorn Salad bar	Roasted vegetables Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
Desserts	Coconut & cherry flapjack	Lemon drizzle cake	Oaty biscuit with fresh fruit	Chocolate & banana slice	Ice cream
Fresh Fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato/ sandwich selection	Egg Bap	Jacket Potato and beans	Sweet Chilli Chicken Baguette	Tuna May Jacket Potato	Cheese Panini



Fuel your afternoon with a healthy school lunch from Mellors





KEY 5 - 1 OF YOUR 5 A DAY FEE - MEAT-FREE MONDAY - CHEF'S CHOICE





